

Wisdom & Poetry (Job - Song of Solomon)

Psalm 86:11-12 NIV

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

We've arrived at one of the primary reasons we divide this study into genres (rather than chronology or history): Each genre must be read and interpreted on its own terms. The laws and regulations in Leviticus serve a different purpose than the historical account of Israel's wandering in and out of faithfulness to their Yahweh, and these poetic books we are about to taste are written with unique intention.

The same Author who spoke the universe into existence and created us in His own image designed our complex brains to primarily process logic and language in the left part of the brain, and feelings, intuition, and relational sensations in the right part of the brain. Though that is a simplified outline of our neural function, it hints at the reason for these different genres of the Living Word.

Aiming deeper than the left-brained intellect, poetry unapologetically speaks the whole-hearted language of the soul.

The book of Job wrestles with suffering and God's supernatural plan.

The book of Psalms is a collection of poems and songs from multiple writers from different time periods.

The book of Proverbs is a wisdom book describing principles of life.

The book of Ecclesiastes describes the brokenness and futility of the sinful world..

The Song of Solomon is a passionate celebration of intimate romance and is best understood in the light of **Ephesians 5:32**: "[Marriage] is a great mystery, but I speak concerning Christ and the church."

When we engage both the minds and the hearts God gave us to humbly pursue His intentions for His Word we truly begin to be transformed by the Author. With that in mind, let's dive in.

Psalm 119:12 TPT

*My wonderful God, you are to be praised above all;
teach me the power of your decrees!*

Week 1 Day 1

Memory Verses:

Psalm 86:11-12 NIV

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Reading our new memory portion, meditate on how much it means to the Lord your God that you meditate on His Word. Ask Him to open your spirit to His delight in your delight in His Word.
- II. For context, read the whole ***Psalm 86*** and just be present in this prayer.
- III. Read the memory verses above several times thoughtfully, aloud or in a whisper. Each time you read it, say the reference, the verse, and then the reference again out loud.
- IV. Write ***Psalm 86:11-12 NIV*** here:

- V. Thank the Lord your God for what he is speaking to your soul today:

- VI. Set a reminder in your phone for two times a day to read ***Psalm 86:11-12 NIV*** aloud.

Week 1 Day 2

Memory Verses:

Psalm 86:11-12 NIV

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. Start today by thanking the Lord for how He has been specifically faithful to you.
- II. Read the verses through several times thoughtfully, tasting the meaning of every word you read. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. Today, we will memorize the first two lines from **verse 11** Write them here:

- IV. Think of someone dear to you whom you wish would understand the message of this verse. As convincingly as you can, five times read this verse aloud as you would if you were trying to imprint this on their soul.
- V. Now keep repeating it to yourself until you can recite it from memory.
- VI. Write your heart's prayer to God here:

- VII. Use your reminder in your phone two times a day to read **Psalm 86:11-12 NIV** aloud.

*Week 1 Day 3****Memory Verses:******Psalm 86:11-12 NIV***

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Invite the One you glorify to make you aware of His presence and open to His Word.
- II. Read these verses aloud several times, receiving by faith that the Words are washing you with Living Water as they move through you. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. Since you memorized the first two lines from **verse 11** yesterday, write it here from memory:

- IV. Now add the next two lines from **verse 11** to your memorization, and imagine any fractured pieces of your heart being gathered by His healing hand into one undivided heart, practice till the whole verse is part of your breath.
- V. When you have the whole **verse 11** memorized, write it here, including the reference:

- VI. Write your personal response to God here:

- VII. Use your reminder two times a day to read **Psalm 86:11-12 NIV** aloud.

Week 1 Day 5

Memory Verses:

Psalm 86:11-12 NIV

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. Sing the worship song that comes to your heart to Him.
- II. Read the verses above several times and recognize how well you know them. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. Now cover them and recite them until the whole portion really is at home inside you.
- IV. Let's take it very personally today:
"Teach me your way, Lord, that I may rely on your faithfulness;" In what situation do you need to know His way today and trust His faithfulness there?

"give me an undivided heart, that I may fear your name." What might divide or preoccupy your heart from wholeheartedly trusting or obeying Him?

"I will praise you, Lord my God, with all my heart; I will glorify your name forever." He has heard your prayer and will unify your heart to trust Him. What might that look like?

- V. Now write the entire portion of ***Psalm 86:11-12 NIV*** from memory here:

- VI. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

Week 1 Day 6

Memory Verses:

Psalm 86:11-12 NIV

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. As you recite the verses above from memory, breathe through the reality-based confidence that He has and will “*to do exceedingly abundantly above all that we ask or think, according to the power that works in us.*”¹
- II. What has God shown you this week?

III. What action or reaction does that prompt in you?

IV. Write your gratitude:

Ephesians 3:20 TPT “Never doubt God’s mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you.”

¹ Ephesians 3:20 NKJV

Week 2 Day 1

Memory Verses:

Psalm 86:11-12 NIV

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Breathe through the verses above as you focus on the faithfulness of God. Just let it move through you and meditate on His goodness.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Before you open to **Job 1**, know that we will return to Job's story next week to see the whole picture. If today is bewildering, remember what you know to be true of God's character. Name three attributes of God you know to be Biblical:
 - 1.
 - 2.
 - 3.
- IV. Read **Job 1** and note what you learn about Job:
- V. What most stands out to you in the conversation between the Lord and Satan, whose name means adversary²:
- VI. What most stands out to you about Job's reaction?
- VII. Write any questions you have for God:
- VIII. Use the reminder in your phone two times a day to read **Psalm 86:11-12 NIV** aloud.

² <https://biblehub.com/hebrew/7854.htm>

Week 2 Day 2

Memory Verses:

Psalm 86:11-12 NIV

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Breathe through the verses above, slowly inhaling and exhaling a sentence at a time. Continue until you feel yourself at peace in His presence.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Reading the Psalms appeals to our relational, intuitive right-side of the brain where character formation takes place. *“If you are newer to the neuroscience conversation, it may be helpful to distinguish the two brain hemispheres this way: left brain—think logic, right brain—think relational. Both brain hemispheres are vitally important and we must employ both in how God designed them to function.”*³
- IV. Read ***Psalm 139*** and give it a title that resonates with your soul:
- V. Describe God’s involvement in your life:
- VI. Describe yourself as God sees you:
- VII. Why do you think ***verses 19-22*** are part of this Psalm?
- VIII. What is God speaking to you through this Psalm today?
- IX. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

³ <https://cckc.church/full-brain-faith/>

*Week 2 Day 3***Memory Verses:****Psalm 86:11-12 NIV**

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Meditate or pray the word or phrase from **Psalm 86:11-12 NIV** that most resonates in you right now.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. The overarching theme of the Book of Proverbs is "*The fear of the Lord is the beginning of wisdom*" (**1:7, 9:10, 15:33**). This wisdom (mentioned 115 times in Proverbs) refers to very practical application of God's principles to daily life.
- IV. Read **Proverbs 1:1-7** and list the purposes of these Proverbs:
- V. Read **Proverbs 1:8-9** and write who you lean on for teaching and instruction:
- VI. Read **Proverbs 1:10-19** and consider who and what they warn against:
- VII. **Proverbs 1:20-33** personifies⁴ wisdom. What do you learn about her:
- VIII. Where do you need God's wisdom today?
- IX. Use the reminder in your phone for two times a day to read **Psalm 86:11-12 NIV** aloud.

Week 2 Day 4

⁴ Personification is a literary device that describes an abstraction, a thing, or a nonhuman form as if it were a person

Memory Verses:***Psalm 86:11-12 NIV***

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. Raise your hands and your heart in gratitude to the One who breathes vitality and value into everything.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. It is almost universally accepted that King Solomon wrote Ecclesiastes. Where his Proverbs provide us godly wisdom for human living, Ecclesiastes grapples with the sense of meaninglessness of a humanistic worldview. Today we skip to the conclusions of these wrestlings with futility.
- IV. Read ***Ecclesiastes 11:7-10*** and extract the main counsel given:
- V. Read ***Ecclesiastes 12:1-8*** and list the exhortations that most grab you:
- VI. Read ***Ecclesiastes 12:9-14*** and write the conclusion of the matter:
- VII. Why do you think this is part of the God-breathed Word⁵?
- VIII. What do you sense The Living Word speaking to your soul today?
- IX. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

⁵ 2 Timothy 3:16-17

*Week 2 Day 5****Memory Verses:******Psalm 86:11-12 NIV***

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Lift your face and your heart to the sky and express your trust to the Lover of your soul.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. The Song of Solomon, or Song of Songs, has been severely criticized for its wildly passionate language. Some read it only as an oriental poem about human seduction, and others like an allegory of Christ and His Bride. But throughout the whole Biblical narrative, God makes clear that the visible world reflects the invisible realities⁶ and that He relates to His people as His betrothed Bride⁷.
- IV. Read ***Song of Solomon 2:10-14*** and describe the invitation:
- V. Read ***Song of Solomon 4:9-12*** and write what He adores:
- VI. Read ***Song of Solomon 5:1 and John 15:1-17*** and write the similarities:
- VII. What does this stir up in your heart?
- VIII. Write your own adoration to the passionate Lover of your soul:
- IX. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

⁶ Romans 1:20

⁷ Ephesians 5:31-32, Isaiah 61:10, Isaiah 62:5, John 3:29

Week 3 Day 1

Memory Verses:

Psalm 86:11-12 NIV

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Breathe slowly and tune your soul to the unwavering justice of God. He is for you.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Where we left Job in Week 2 Day 1, he had just lost everything, but he himself was spared. Prepare yourself for another bewildering chapter, knowing that the goodness of God will triumph in the end.
- IV. Read **Job 2** and describe the added affliction for Job:
- V. How did his wife react?
- VI. How did his friends react?
- VII. How did Job react?
- VIII. Read **Job 40** and sum up the conversation between God and Job:
- IX. Read **Job 42:1-6** and sum up Job's conclusion:
- X. Read **Job 42:7-16** and describe the conclusion to Job's story on earth:⁸
- XI. Write your honest prayer to your Redeemer:
- XII. Use the reminder in your phone two times a day to read **Psalm 86:11-12 NIV** aloud.

⁸ If you have more questions, consider <https://www.gotquestions.org/Job-suffering.html>

Week 3 Day 2

Memory Verses:

Psalm 86:11-12 NIV

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. Breathe slowly and deeply. If there is any fear or discouragement present in your awareness, commit it for now to the God who knows and is fighting for you.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Though His Names and attributes are countless, our infinite God is completely consistent in His character. Lord, open our eyes to see You more today!
- IV. Read ***Psalm 18:1-2*** and call Him by the name you most love right now:
- V. Read ***Psalm 18:3-19*** and recount some of the actions of God:
- VI. Read ***Psalm 18:20-29*** and notice some conditions for God's benefits:
- VII. Read ***Psalm 18:30-50*** and add to your description of God's actions:
- VIII. Based on all this, how would you describe God?
- IX. Write your own praise to Him:
- X. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

*Week 3 Day 4****Memory Verses:******Psalm 86:11-12 NIV***

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Breathe slowly and let your cares surface so you can hand them to your Covenant Maker and Keeper. He is even now working all things for your good and His purpose.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Based on ***Ecclesiastes 1:1***, who is the Preacher?
- IV. From his backstory in ***1 Kings 4:29-34*** what do you learn about the Preacher?
- V. Based on ***Ecclesiastes 1:2, 12-17*** what is his perspective on life at this point?
- VI. Based on ***Ecclesiastes 4:13*** what is his core problem?
- VII. Based on ***Ecclesiastes 12:9-14***, what is his final conclusion?
- VIII. How is today's reading affecting you?
- IX. As you listen for God's voice, what do you sense?
- X. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

*Week 3 Day 5****Memory Verses:******Psalm 86:11-12 NIV***

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Breathe slowly and just embrace wholeheartedly that God is pursuing your heart like a Lover pursues His Beloved.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Though the passionate Song of Solomon is gushing the passions of this large-hearted king whose appetites deeply corrupted him⁹, in our redemptive Author's hands it becomes a love song between God and His bride. So we read the Shulamite's story as an allegory of our own.
- IV. Read ***Song of Solomon 1:5-6*** and ***2:3-6*** and describe how she sees herself:
- V. Keeping in mind that we are deep in poetry, read ***Song of Solomon 1:12-14*** and prayerfully interpret how this might describe your relationship with Jesus:
- VI. Read ***Song of Solomon 5:4-9*** and just listen for what the Holy Spirit whispers to your heart through this:
- VII. How does this affect your relationship with Him who loved you so deeply that he died for you?
- VIII. Use the reminder in your phone two times a day to read ***Psalm 86:11-12 NIV*** aloud.

⁹ **1 Kings 11:3**: "He had seven hundred wives of royal birth and three hundred concubines, and his wives led him astray."

*Week 4 Day 1****Memory Verses:******Psalm 86:11-12 NIV***

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. Today we return to the discipline of listening for His still, small voice personally. Before we dive in, make sure you are present. If your mind is drifting, just call it back to acknowledge the purpose of this time and the presence of the Holy Spirit with you.
- II. Cover the memory verses above with your hand and recite them from memory. This is the last week with this portion of Scripture, so be sure its tucked away in your heart.
- III. Read **Job 42:1-6** and describe how it resonates in you today?
- IV. Read **Ephesians 1:15-16**. Who are you grateful for today?
- V. Read **Ephesians 1:17-23**. Where do you need
“the Spirit of wisdom and revelation, so that you may know him better”?

“the eyes of your heart may be enlightened “?”

“in order that you may know the hope to which he has called you”?

- VI. Now invite the One who aches to open your eyes and ears to show you more into what weighs on your soul today by completing the statements below in your own words.

Dear Lord (or other name for God) _____ ,

Please help me understand.....

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write what you perceive as God's response:

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of (e.g., clenching your jaw, slumping your shoulders, crying)...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling....

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Week 4 Day 2

Memory Verses:

Psalm 86:11-12 NIV

11 *Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.*

12 *I will praise you, Lord my God, with all my heart;
I will glorify your name forever.*

- I. Breathe slowly and deeply. Release any tension in your body, God is here with you.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Read ***Psalm 32:1-4*** and ask Him if there's anything you need to confess:

- IV. Read ***Psalm 32:5-7*** and describe how it is relevant to you today:

- V. Read ***Psalm 32:8-11*** and describe what it evokes in you:

- VI. Focusing specifically on the last line in ***verse 9***, which in the AMP reads "*Otherwise they will not come near to you,*" what does this tell you about God's desire for you to seek Him for whatever you need?

- VII. With that in mind, pour out your heart to Him by completing the sentences below¹⁰.

¹⁰ Immanuel Journaling is taught in *Joyful Journey* by Jim Wilder, Anna Kang, John Loppnow, and Sungshim Loppnow. See LifeModelWorks.org.

Dear Lord (or other name for God) _____ ,

I need your help with...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write what you sense as God's still, small voice:

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

*Week 4 Day 3****Memory Verses:******Psalm 86:11-12 NIV***

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Read the familiar verses above and thank God for His unwavering faithfulness to you.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Read ***Proverbs 14:1*** and describe where it speaks to you today:

- IV. Read ***Proverbs 14:3*** and describe where it speaks to you today:

- V. Read ***Proverbs 14:4*** and describe where it speaks to you today:

- VI. Read ***Proverbs 14:8-10*** and describe where it speaks to you today:

- VII. Read ***Proverbs 14:26-27*** and describe where it speaks to you today:

1 Corinthians 1:30 NIV “It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption.” Talk to Him.

Dear Lord (or other name for God) _____ ,

Right now, I feel...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write what you sense Him saying to you, to whom He longs to show kindness:

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Week 4 Day 4

Memory Verses:

Psalm 86:11-12 NIV

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Still your soul in His presence with you and breathe through the prayer of **Psalm 90:14 NIV:**
NIV “Satisfy us in the morning with Your loving devotion, that we may sing for joy and be glad all our days.”
- II. Cover the memory verses above with your hand and recite them to Him.
- III. Read **Ecclesiastes 3:1-8** and describe your current season:

- IV. What season has passed?

- V. Carefully and slowly, read **Ecclesiastes 3:11** and ponder in your own life:

What has He “*made everything beautiful in its time*”?

How are you aware of eternity in your own heart?

Where do you struggle to fathom “*what God has done from beginning to end*”?

By now, you know what to do¹¹.

Dear Lord (or other name for God) _____ ,

Please talk to me about...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write how you sense God responding to you:

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

¹¹ This Immanuel Journaling Worksheet is adapted from Jim Wilder and Sungshim Lopnow by Bill Gaultiere* ~ SoulShepherding.org

*Week 4 Day 5****Memory Verses:******Psalm 86:11-12 NIV***

11 Teach me your way, Lord,
that I may rely on your faithfulness;
give me an undivided heart,
that I may fear your name.

12 I will praise you, Lord my God, with all my heart;
I will glorify your name forever.

- I. Our last day of memorizing the Scripture above. Take time to thank God for what He has taught you this month.
- II. For the last time, cover this memory verses above with your hand and recite it from memory.
- III. Read ***Song of Solomon 8:5*** and describe
 - A. the wilderness:

 - B. how you lean on your Beloved:
- IV. Read ***Song of Solomon 8:6-7*** and tell Him what it evokes in you?
- V. Read ***Song of Solomon 8:8-9*** and describe who you are concerned for today:

In today's two-way prayer letter, stretch your soul to deeper trust His passionate affection for you, and listen for His response to you¹².

¹² This Immanuel Journaling Worksheet is adapted from Jim Wilder and Sungshim Loppnow by Bill Gaultiere* ~ SoulShepherding.org

Dear Lord (or other name for God) _____ ,

I wish my eyes could see..

I appreciate that You are...

Write God's Response

Dear ____ (Your Name)____ ,

I receive your worship and notice your physical demeanor of...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling ...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by ...

Week 4 Day 6

Conclude this month's wisdom meditation by prayerfully reading **Psalm 103**.

I. Bless the Lord in your own words:

II. How has He blessed you this week?

III. How has His perspective changed yours?

IV. Write your gratitude: